

CALAMUS EXTENSION COLLEGE LTD.



Hypnotherapy DISTANCE DEGREE PROGRAMMES

Overseas Degrees Validated by CALAMUS INTERNATIONAL UNIVERSITY

Routes For Qualified Hypnotherapists or Beginners

Bachelor's, Master's, Doctorate, Post-Doctorate

***NOW UPDATED TO INCLUDE THE LATEST HYPNOTHERAPY
REGULATORY INFORMATION FOR THE U.K. (see pages 6-8)***

**Also UK professional development Advanced Diplomas
awarded by Calamus Extension College, London**



*This brochure should be studied in conjunction with the Calamus Extension
College Ltd / Calamus International University prospectus and Course Unit List.*

Web site: www.unicalamus.org

Need a prospectus? E-mail info@unicalamus.org

Courses for Qualified Hypnotherapists or beginners

We can take you from beginner to qualified hypnotherapist with a B.A. degree, or, if you have a hypnotherapy qualification and/or a university degree or Master's (in any field) we can put you on a programme that either recognises your hypnotherapy qualification and takes you to the next level of degree, or provides distance hypnotherapy training as part of your degree plan. You may enrol at any time of year.

The distance learning degrees available are:

- Bachelor of Arts in Hypnotherapy (or in Counselling Psychology or other major if preferred)
- Master of Arts in Hypnotherapy (other majors possible)
- Doctor of Clinical Hypnotherapy
- Psy.D. (Doctor of Psychology) in Hypnotherapy and Counselling
- Ph.D. in Hypnotherapy by research and dissertation
- Ph.D./C.A.G.S. (Cert. of Adv. Graduate Studies) – taught plus project Ph.D. programme.

In addition, for people who already have a Doctor of Clinical Hypnotherapy, a Ph.D. or another acceptable doctorate, there are two post-doctoral qualifications which are:

- Doctor of Analytical Hypnotherapy (D.A.H.)
- Doctor of Transpersonal Hypnosis (D.T.H.)

The Accelerated Bachelor's Degree

The Calamus Bachelor's degree is by distance learning only, and is meant for mature individuals who have some previous further or higher education or training. It is an accelerated programme rather like second-year or third-year entry to a conventional full-time degree. The student should have a range of credit already. This can be from any field and can include university credits, further education (e.g. vocational diplomas), skilled work experience, and other documentable skilled experience gained via hobbies, sports, military service, travel, charity or voluntary work, etc. This way of building up a degree is similar to the well-established American "Liberal Arts" system in which students take general courses and specialise in their final year(s).

The final phase of the degree is made up by taking Calamus taught distance learning units and a project is usually required. Ongoing credit can also be given for achievements after enrolment, which in the case of hypnotherapy, could include completion of practical trainings, additional practical trainings/workshops, supplementary complementary medicine trainings, clinical practice, supervision, running groups, etc.

The exact major (title) of the Bachelor's degree would depend on the overall balance of your studies, and an individualised syllabus is outlined for you drawing from core hypnotherapy studies, areas of particular interest and topics such as general psychology, counselling psychology and stress management.

The time taken to complete the advanced-entry Bachelor's degree can vary from a few months to about a year depending on the amount of previous credit and the time you have available.

For those who have insufficient previous credit, we can give advice on how to attain a Bachelor's degree within a reasonable time, perhaps by incorporating a recommended diploma course to bridge the gap. Please contact Morris Berg PhD in confidence, by e-mail to info@unicalamus.org or by post to our London address, providing a copy of your Curriculum Vitae or résumé.

If you have no Bachelor's degree but would like a Doctorate without studying for years

Many people without a Bachelor's degree are put off aiming for a Doctorate such as a Doctor of Clinical Hypnotherapy because of the time they think the total study will take. CIU offers various options that can allow you to achieve your Doctorate more quickly. For example, we can enrol you directly into a joint MA/DCH programme without a Bachelor's degree, as long as we are satisfied with your professional qualifications and academic ability. For joint MA/DCH students, certain portions of the degrees may overlap, and this together with credit from university-level trainings or Board-approved CEUs, and credit from ongoing clinical practice, supervision and/or teaching, can speed up your progress to the doctorate. Another possibility, if you have professional qualifications (e.g. nursing, counselling, or social work plus hypnotherapy qualification accredited by a major hypnotherapy body) is that we can consider you for direct entry to a Doctorate.

Study of Individual Course Units

Please see our Course Unit List for the currently available course units in hypnotherapy and related subjects, e.g. counselling. If you want to study occasional units leading to certificates of completion, you can do that via our Occasional Study Scheme also known as CALL (Calamus Lifelong learning). See the Occasional Study page on our website at www.unicalamus.org/units/call.htm

Membership of a UK Professional Hypnotherapy Society leading to Accredited Hypnotherapist Status

Calamus students and graduates in hypnotherapy and related fields can take advantage of the opportunity we provide, via Calamus Extension College Ltd., to join The Hypnotherapy Society, a highly respected UK hypnotherapy body which is now accepting applications from overseas. (See www.hypnotherapysociety.com) You may apply for Student Membership as soon as you begin your studies, or for a higher grade depending on your previous qualifications and experience. The HS will consider all aspects of your hypnotherapy-related training, professional development and career and assign you to the most appropriate level of membership. If necessary you can then progress to full Accredited status by taking further courses and/or gaining further experience. (NB – all decisions regarding HS membership are made by the HS and subject to their conditions of membership. *The HS does not accredit or approve degree courses*).

Integrating a Hypnotherapy qualification (distance or classroom-based) with your degree

You can now earn a hypnotherapy practitioner qualification by distance learning as part of your Calamus hypnotherapy degree – no previous hypnosis training required!

When we started to offer hypnotherapy degree courses, these were restricted to those already qualified as hypnotherapists, or who intended to take a hypnotherapy practitioner training from an external training school in parallel with their Calamus degree course. Many people asked us if we could issue distance practitioner certificates /diplomas in hypnotherapy ourselves. We did not do this because (although CIU is not a UK university) our hypnotherapy degree tuition is based in the UK, where practical classroom-based training in hypnotherapy is generally regarded as much more desirable than distance training. Although UK distance learning courses exist, some major UK “umbrella bodies” for hypnotherapy have stipulated that practitioner qualifications should consist of at least 120 classroom contact hours plus considerable academic work.

In America, the situation is different and distance trainings in hypnotherapy are more respected and can lead to entry to prestigious organizations. Various reputable hands-on hypnotherapy training schools also offer distance versions of their courses, leading to the same certifications. Distance learning NLP certification is also available from various providers in the USA.

We have now been able to bridge both worlds by introducing Calamus students to a distance (home study) hypnotherapy practitioner qualification that uses course materials designed in America by a hypnosis training school that is licensed and approved by the Arizona State Board for Private Postsecondary Education. No previous experience or training is required. The version made available through our UK affiliated training college, Accelerated Change Training Ltd., provides a UK diploma examination and Diploma certification. [An affordable fee is charged for the materials, examination and certification in addition to the degree tuition fees.] Holders of the Diploma are granted 9 credits towards a Calamus degree, can apply for membership of a professional body, and can take an optional, specialist certification in Medical Hypnosis by distance learning that will earn further degree credit plus entry to another professional body. During their degree studies, students will gain extensive additional knowledge of academic and practical aspects of hypnotherapy, counselling and psychology that will greatly enhance their education and ability to liaise confidently with other health-related professionals.

Students who already have a hypnotherapy qualification will also be welcome to take the external Diploma training (with optional examination if certification and degree credit is desired). We encourage all Calamus hypnotherapy degree students and graduates to take the special Medical Hypnosis course.

NB – since the distance hypnotherapy Diploma offered is a UK one, students in the US and other countries should contact us for advice if they wish to use it for practice purposes. We can recommend various trainings in the USA. The laws regarding hypnotherapy practice differ from state to state in the US, so US students should check the legal requirements for practice in their own state. The National Guild of Hypnotists (www.ngh.net) has some downloadable information on regulation in various US states.

Hypnotherapy degree courses for students who wish to incorporate a classroom-based practitioner diploma (or who already have such a qualification)

We can recommend the following organisations if you wish to have classroom-based training in the UK in hypnotherapy. These courses lead to substantial degree credit from Calamus International University, as well as the diploma qualifications of the training organisations:

Chrysalis, 2a Library Mews, Wells, BA5 2PU, UJK. www.chrysalis.uk.net

EOS Seminars Ltd., Jasmine House, 2 Lechlade Gardens
Bournemouth BH7 7JD, UK. Tel. 01202 424991 <http://www.eosseminars.com>

There are many other reputable training institutes available in the UK. For lists of accredited classroom-based training bodies we recommend that you look at the following professional organization websites:

The Hypnotherapy Society www.hypnotherapysociety.com

The National Council for Hypnotherapy www.hypnotherapists.org.uk

UKCHO www.ukcho.co.uk

The Calamus director of studies for hypnotherapy, Morris Berg PhD, is a Fellow of both the HS and the NCH and is prepared to arrange the maximum possible credit towards a Calamus Bachelor's degree for graduates of hypnotherapy training programmes accredited by the NCH, the HS or UKCHO. (Credit at post-Bachelor's level is more limited and will be decided on a case-by-case basis in conjunction with the candidate's academic and professional background).

Supervision for distance hypnotherapy students

If your training in hypnotherapy is totally by distance learning, you will benefit from supervision, especially if you are progressing towards Accredited status in the Hypnotherapy Society. We can help in various ways. Our director of studies has a few vacancies for supervision by e-mail and or telephone (you can also send recordings of sessions for comment). Another option is having supervision from a local hypnotherapist who

is suitably qualified/experienced. Supervision can count towards credit for the degree programme you are on, whether Bachelor, Master or Doctorate. Whoever you choose as your supervisor, supervision fees will normally be payable.

Course units for Calamus International University-validated degrees

Please see the Calamus prospectus and course unit list for details of the BA and MA Hypnotherapy and DCH (Doctor of Clinical Hypnotherapy) degrees. Calamus also has various other degree majors which are of interest to the hypnotherapist.

For the Calamus hypnotherapy degrees, credit is given for appropriate prior qualifications, and an individualised syllabus is designed for each student, drawing from hypnotherapy units and also topics such as counselling, psychotherapy, and subjects drawn from the whole range of body-mind-spirit areas of study offered by CIU, subject to approval and availability.

The Doctor of Clinical Hypnotherapy degree can also draw from a wide range of topics, and is recognised by the International Association for Doctors of Clinical Hypnotherapy.

The Doctor of Clinical Hypnotherapy is normally completed by taught courses plus a project but it is possible in the case of suitably experienced and well-qualified students to waive the project requirement and allow completion by taught courses plus clinical experience during the period of enrolment.

For all these programmes we are prepared to introduce new course units wherever feasible in line with student's specific interests. These course units will, when created, be available for future students.

DCH – Diploma or Doctorate?

The US and the UK have different customs regarding the initials used for qualifications, and this can lead to confusion. UK diplomas are usually called certificates in the US, and qualification initials beginning with "D" often mean Diploma in the UK whereas in the US they usually mean Doctor. So a DCH can be a Diploma in Clinical Hypnotherapy (UK) or Doctor of Clinical Hypnotherapy (USA). Nevertheless, it is still possible to take both programmes and therefore to have a diploma DCH and a doctoral DCH. The question is: how do you distinguish them after your name and on your business card, etc.? In fact there are various ways of doing this with the co-operation of the award-issuing bodies. Firstly, the doctoral DCH entitles you to use the title "Dr." as long as there is no regulation preventing you so doing. Also, the diploma and doctorate may be distinguished by using, for example, Dip.C.H. for the Diploma, and Calamus will permit holders of its Doctorate in Clinical Hypnotherapy to use the initials Dr.Clin.Hyp. instead of DCH if desired. You could even (subject to approval) do your doctorate as a Psy.D. (Doctor of Psychology) specializing in Hypnotherapy & Counselling. It is possible to adopt the US custom of designating yourself C.Ht. (Certified Hypnotherapist) if you have a Diploma in Clinical Hypnotherapy, because your Diploma is proof you are certified in the profession. Another possibility is to use the initials of the awarding body, for example DCH(CIU) and DCH(ACT). And you can always state your qualifications in full in your brochures and on your web site. We are happy to give our graduates advice on how to present your qualifications in print in UK or US style – so if you have a DCH, why not aim for a DCH?

(UK readers – the information regarding use of doctoral titles is subject to regulatory decisions – please see next page for important information on hypnotherapy regulation in the UK)

Academic Robes

Graduates of Calamus International University degree courses will be entitled to order academic robes from the University's official USA supplier (shipped to most countries). Many graduates want to have a graduation photo taken with gown and mortar board, and such a photo will enhance your publicity materials. A framed graduation photo in your consulting room will add to your professional image alongside your degree(s) and certifications, especially if you are also involved in training. NB – robes are custom made and are normally ordered well in advance.

Important Information on Hypnotherapy Regulation in the UK and use of Hypnotherapy Doctoral Degrees - IF YOU ARE WORKING IN THE UK, OR COMING TO THE UK, PLEASE READ THIS

Hypnotherapy is not regulated by law in the UK, and anyone may legally set himself/herself up as a hypnotherapist. A large variety of trainings and qualifications are available of different lengths, methods of delivery and standards. There are also many professional societies. Successive governments have taken the view that they will not interfere and that the hypnotherapy profession should regulate itself.

Recently the Working Group for Hypnotherapy Regulation (see www.hypnotherapyregulation.co.uk) was established, supported by 24 professional hypnotherapy organisations and some 120 hypnotherapy training schools. The Working Group proposed a new Code of Ethics that was adopted in 2008 by a substantial majority. This Code of Ethics includes restrictions on the use of the title “Doctor”, and certain other titles, by UK hypnotherapists.

To see the Code in full please visit the Working Group website. The following extract from the Code sums up the position regarding the title “Doctor”:

Practitioners should, therefore, only use the title “Dr” if they are medically licensed in the UK or their title is both UK issued and accredited and in a subject relevant to hypnotherapy (e.g. counselling or psychology). All practitioners using this title should explain in their advertising literature and to their clients, the nature and subject of the title and the awarding body, and non-medical “Drs” should declare that they are not medical practitioners in their advertising literature and to their clients.

The titles of “Professor” and “Reverend” are also restricted by the Code, and the title “consultant hypnotherapist” should not be used.

Implications for use of Doctoral degrees

The first thing to note is that the Code is not aimed at restricting the use of doctorates from any particular university, and even though the issue of quality is mentioned, the Code clearly prevents the use of the title “Dr” even if the overseas doctorate has the highest reputation – even someone with a Ph.D. in Psychology from Harvard, Yale, the Sorbonne, or – nearer home – the National University of Ireland – cannot use the title Doctor, whilst those with a Ph.D. from a less prestigious, bottom-of-the-league UK university may do so! The Code is therefore unbalanced and does not respect colleagues who have studied overseas. Some of the world’s most renowned clinical psychologists and clinical hypnotherapy trainers – those whose books are used on the best UK courses - would have to drop their “Dr” title if they came to the UK to practise! Even though the Code is a set of professional rules and not law, one cannot but be reminded of the words of Charles Dickens who wrote the famous phrase, “the law is an ass.”

This code is in the process of being adopted by the various hypnotherapy societies which make up the Working Group. If you are a member of one of those societies, you should receive further advice on the issue through your society in due course.

What does this mean for UK hypnotherapists seeking a Calamus International University doctorate?

Let us look now at what is not prohibited by the code.

- It is not prohibited to use the letters Ph.D. after your name. However we would recommend, based upon reading the Code, that if you have a non-UK Ph.D. you state in your literature either the country of award or that you have gained an “alternative” or “overseas” Ph.D.
- It is not prohibited to use the letters D.C.H. after your name. It should be possible to state in your literature that you have gained a “professional doctorate” in Hypnotherapy from a non-UK university, as long as you do not use the title “Dr.” before your name, and you also add that you are not a medical doctor. You could also say, if you wish, that you have gained a “non-UK higher degree” in hypnotherapy.
- There is no prohibition in the Code against displaying your earned non-UK doctoral degrees on the wall of your practice.
- There is no prohibition on using earned overseas Bachelor’s and Master’s degrees. Therefore for the overwhelming majority of UK hypnotherapists, it is possible that the overseas M.A. in Hypnotherapy will be seen as more desirable than the Doctor of Clinical Hypnotherapy! *(If you already have an M.A. and wish to enrol for a Calamus Master’s – of if you have a hypnotherapy doctorate and would like a Master’s, please ask us for advice).*

Mention that the doctorate is not a UK one is strongly recommended as the code contains a guidance note urging practitioners to avoid the possibility of “misdirection by quality” because clients might assume a doctorate is a UK one unless informed otherwise. (However no such stipulation is made by the code concerning foreign Bachelor’s or Master’s degrees).

If you happen to belong to a UK hypnotherapy association that does not subscribe to the Working Group, then the Code does not concern you and you should abide by the regulations of the society to which you belong.

A Hypnotherapy “Brain Drain”?

We cannot predict whether this new regulatory code will cause UK practitioners with hypnotherapy doctorates or overseas PhDs to leave their current professional association and join one of those with a more understanding outlook. However, a few notable UK training bodies involved in hypnotherapy, counselling and NLP have not subscribed to the Code and some delegates have voted against the Code in its final form.

Various advanced post-qualification diplomas in hypnotherapy are being put forward in the UK as the standards of education that professionals should attain. However, an overseas hypnotherapy doctorate, whilst not “accredited” in the traditional sense, can involve more study hours and more serious reading than a professional diploma.

Since the most well-known American hypnotherapy degree programmes have ceased to exist, we have received an increasing number of enquiries for the Calamus International University DCH degree from the US, Europe, Asia and elsewhere. Many practitioners – including in the UK – already have a DCH degree and have been using it for years. Being realistic, we doubt very much whether anybody has mistaken any of them for medical doctors, and any suggestion that the typical hypnotherapy client would think his/her hypnotherapist is a medical doctor – unless perhaps the

hypnotherapist was based in Harley Street – would be an insult to the intelligence of the average client.

We believe that the DCH degree will continue to be in demand, and that paradoxically, the effect of the Code will be to *increase* the desirability of non-UK Bachelor's and Master's degrees in hypnotherapy and counselling psychology, with people who previously might desire a Master's/Doctoral programme now opting for a Bachelor's/Master's. Calamus International University aims to be at the forefront of providing such overseas academic qualifications.

Parallel UK Diploma for Calamus International University Doctoral & Degree Students:
Diplomas from Calamus Extension College (London, UK)

Because of the outcome of the Working Group vote on the Code of Ethics, we are giving our former, present and future Calamus International University hypnotherapy doctoral students/alumni the opportunity to be awarded a UK ADCHS (*Advanced Diploma in Clinical Hypnotherapy Studies*) by Calamus Extension College Ltd. in recognition of the fact that their courses were taught via Calamus Extension College in the UK, for whom they did actual academic work. This is a legitimate private UK award and gives you the right to use the initials ADCHS. A fee will be charged for the Diploma award.

Students who do not wish to take a degree may register for the UK Advanced Diploma award and have the option to upgrade it to a non-UK CIU degree later, the exact degree depending on your previous academic qualifications and the amount and level of work completed.

The *Advanced Diploma in Clinical Hypnotherapy Studies* is strictly a post-practitioner qualification and entrants should be qualified to practise hypnotherapy. It is a theory qualification based primarily on textbook study. How much did you actually read during your hypnotherapy training(s) and how many essays did you write? This qualification will supply a broad theoretical knowledge base that many practical trainings lack – and help you become more confident at speaking and writing about hypnotherapy like a true professional.

The fee for the DCHS qualification will be £295 (plus VAT for students in the UK or EU).

If you are a new student or an alumnus interested in the *Advanced Diploma in Clinical Hypnotherapy Studies* award, please contact us at Calamus@tiscali.co.uk

Similar diploma streams can be provided for analytical hypnotherapy (*Advanced Diploma in Analytical Hypnotherapy Studies*) and transpersonal hypnotherapy (*Advanced Diploma in Transpersonal Hypnosis Studies*). The fees for either of these qualifications will be £395 (plus VAT for students in the UK or EU).

At present these special Advanced Diplomas will be offered at these fees to **UK students only**.

Disclaimer

The information and opinion given in this brochure is not legal advice or professional advice. It does not represent the views of any professional society or professional body. The position concerning regulations or laws in any country might change at any time while a person is studying for any qualification. If you are a practising hypnotherapist and have any queries about your professional association's code of ethics or other regulations, or what you are permitted to do – please ask the association – not us. You are the person responsible for any statements you make about your training and qualifications, and for ensuring that you adhere to any applicable rules or laws. We cannot accept any responsibility for how the comments or information in this brochure are put into practice by individual therapists.

We reiterate that Calamus International University degrees are not UK degrees – for full status info please see www.unicalamus.org/status.htm

**Cost of degrees (as at January 2008) – fees in Pounds Sterling (GBP)
including automatic concessionary rates for therapists**

BA Hypnotherapy (accelerated route) £ 1650 excluding VAT, £ 1938.75 including VAT.

MA Hypnotherapy (automatic concessionary rate) £ 1650 excluding VAT, £ 1938.75 including VAT.

Doctor of Clinical Hypnotherapy (DCH) (automatic concessionary rate) £ 1650 excluding VAT,
£ 1938.75 including VAT.

Ph.D. by research (automatic concessionary rate for therapists) £ 1650 (£ 1938.75 including VAT).

D.T.H. / D.A.H. £ 2200 (£ 2585 including VAT) – Bursary/concessions: please enquire. **Special rates for Calamus graduates.**

10% discount may be deducted for full payment at enrolment.

Fees include tuition and registration for up to 18 months. Textbooks are extra. Additional fees are charged for ongoing registration beyond 18 months (most programmes can be completed within that time).

A graduation/certification charge of £ 250 (£ 293.75 incl. VAT) is levied on completion of the course.

(As at March 2008, we are waiving graduation fees for students who pay in full at enrolment, and reducing them substantially for students paying by instalments. This offer is time-limited – please confirm exact total fees with us before enrolment.)

For full scale of fees see prospectus or web site. See www.unicalamus.org/tuition.htm for any current special discounts.

Fee reductions for combined degrees e.g. MA/DCH – see scale of fees or enquire.

Currency conversion rates – see www.xe.com or www.oanda.com for approx. current rates for all currencies.

Note: VAT = Value Added Tax (sales tax) payable by UK and EU residents only.

The Calamus director of studies for Hypnotherapy is:

Morris Berg, BSc (Hons) Psychol., M.A., Psy.D., Ph.D. (Hypnotherapy), D.C.H., D.T.H., Dip. THP, D.H.P., Dip. Clin. Hyp., A.D.C.H., C.Ht., Cert. Counselling, Accredited Past Life Healer, Accredited Hypnotherapy Supervisor, NESTA-Certified® Sports Hypnotist, Master Practitioner of NLP, Dip. NLP Life Coaching, Reiki Master, Seikhim Master, Member &/or Fellow of various professional bodies in UK and USA.

Information included in compliance with the Working Group for Hypnotherapy Regulation, UK: Morris Berg is not a medical doctor. His Bachelor's degree in Psychology is from the University of East London, UK, and his higher degrees are from several non-UK universities.

Contact Morris (or request a full Calamus prospectus) at:

Morris Berg PhD

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Download the full Calamus prospectus at:

www.unicalamus.org/downloads.htm

Calamus Extension College Ltd

Distance degrees validated by Calamus International University

Hypnotherapy reading list

Study for a degree using your favourite hypnotherapy textbooks

This list should be read in conjunction with the Calamus prospectus, hypnotherapy subject brochure and course unit list. The list includes the core text(s) required for CIU hypnotherapy course units. The average textbook, together with the relevant lesson plan we provide, forms the basis of a unit worth 3 academic credits.

Students for an accelerated Bachelor's degree will normally take 45 to 60 credits (15 to 20 course units) less any allowance given for ongoing clinical practice and/or project. Students on a Master's degree or DCH will normally take 45 credits less similar allowances. The workload for a post-doctoral qualification will depend on the student's previous qualifications.

An individual syllabus will be agreed using the necessary number of course units selected from the ones in this list, plus electives from other related or holistic fields such as psychology, counselling, NLP, personal development, past lives, regression/ reincarnation studies, metaphysics, parapsychology, contemporary spirituality or other fields of particular interest to the student. So this list does not represent all the books you can choose!

A comprehensive introductory course in psychology is normally included in the Bachelor's degree syllabus unless the student has taken psychology at Advanced Level or High School Diploma level or at an equivalent course.

In the Calamus system, the code number of a unit is not always indicative of the level of degree study. Students at any level may take any unit subject to approval. Some units have prerequisites and the course tutor will give appropriate advice when the student has enrolled.

This list is not complete and some of the books may have been released in later editions after this list was compiled. Therefore students should not base their purchases on this list, but they will be advised by their tutor after enrolment.

- Allen, Roger P. *Scripts and Strategies in Hypnotherapy: The Complete Works*. UK, Crown House Publishing, 2004.
- Alman, Brian M. and Lambrou, Peter T. *Self-Hypnosis: The Complete Manual for Health and Self-Change* (Second Edition). New York: Brunner/Mazel 1992; London, Souvenir Press 1993.
- Baldwin, *Four and Twenty Blackbirds*. Bramble Books 1997
- Battino, Rubin and South, Thomas L. *Ericksonian Approaches: A Comprehensive Manual*. Second Edition. Crown House Publishing, 2005
- Brickman, Hal. *The Thin Book: Hypnotherapy Trance Scripts for Weight Management*. Phoenix, Arizona: Zeig, Tucker & Co., Inc. 2000. Textbook and Audiotape set.
- Calof, David L. *The Couple who Became Each Other*. London: century, 1997.
- Cheek, David B. *Hypnosis: The Application of Ideomotor Techniques*. Needham Heights, Massachusetts: Allyn and Bacon, 1994.
- Churchill, Randal. *Become the Dream: The Transforming Power of Hypnotic Dreamwork*. Santa Rosa, CA: Transforming Press, 1997.
- Churchill, Randall. *Regression Hypnotherapy: Transcripts of Transformation*. Santa Rosa, California: Transforming Press, 2002.
- Crabtree, Adam. *From Mesmer to Freud: Magnetic Sleep and the Roots of Psychological Healing*. Yale University Press, 1993.
- Court, John., *Hypnosis, Healing and the Christian*. Paternoster Press, 1997.
- Edgette, John H. and Rowan, Tim. *Winning the Mind Game: Using Hypnosis in Sports Psychology*. Crown House Publishing, 2003.

- Elias, Jack. *Finding True Magic: A Radical Synthesis of Eastern and Western Perspectives and Techniques*. Seattle, WA; Five Wisdoms Publications, 1996.
- Elman, Dave. *Hypnotherapy*. Glendale, CA: Westwood Publishing Co., 1970 (originally published 1964 under the title "Findings in Hypnosis".)
- Erickson. *Life Reframing in Hypnosis*. (edited by Rossi et al) Free Association Books paperback 1998.
- Erickson, Milton H. and Rossi, Ernest Lawrence. *The February Man: Evolving Consciousness and Identity in Hypnotherapy*. New York: Brunner/Mazel 1989.
- Frankl, George. *The Unknown Self*. Open Gate Press, 2001. (revised edition)
- Frankl, George. *Exploring the Unconscious: New Pathways in Depth Analysis*. Open Gate Press, 1994.
- Gafner, George and Benson, Sonja. *Handbook of Hypnotic Inductions*. New York and London, W.W. Norton & Co., 2000.
- Guyonnaud, J.P. *Self-Hypnosis Step by Step*. London: Souvenir Press, 1989.
- Hadley, Josie and Staudacher, Carol. *Hypnosis for Change*. Third edition. Oakland, California. New Harbinger Publications, 1996.
- Hartman, Randy J. *The Treatment of Chemical Dependency with Clinical Hypnotherapy*. Writers Club Press, 2000.
- Havens, Ronald A. and Walters, Catherine. *Hypnotherapy Scripts: A Neo-Ericksonian Approach to Persuasive Healing*. Second Edition. New York & London: Brunner-Routledge, 2002.
- Hawkins, Peter and Heap, Michael (Eds.) *Hypnosis in Europe*. Whurr Publishers, 1996.
- Hickman, Irene. *Mind-Probe Hypnosis*. Kirksville, M.O., Hickman Systems, 1983.
- Hunter, C. Roy. *The Art of Hypnotherapy*. Dubuque, Iowa: Kendall/Hunt Publishing Company, 1995.
- Hutchinson, Marcia Germaine, *Transforming Body Image: Learning to Love the Body You Have*. Freedom, CA: The Crossing Press (undated, publication date believed to be 2001.)
- Jackson, Arthur. *Stress Control Through Self-Hypnosis*. Piatkus Books, 1993.
- James, Tad (with Flores, Lorraine and Schober, Jack). *Hypnosis – A Comprehensive Guide*. UK: Crown House Publishing Ltd., 2000.
- Karle, Hellmut W.A. and Boys, Jennifer H. *Hypnotherapy: A Practical Handbook*. London: Free Association Books, 1997.
- King, Mark E. and Citrenbaum, Charles M. *Existential Hypnotherapy*. New York and London: The Guilford Press, 1993.
- Kroger, William S. *Clinical and Experimental Hypnosis*. Second Edition. Philadelphia: J.B. Lippincott Company, Second Edition, 1977.
- Kuhns, Dr Bradley William. *Hypnosis and the Law*. Glendale, California. Westwood Publishing Company, 1981.
- Leskowitz, Eric D. (Ed.) *Transpersonal Hypnosis: Gateway to Body, Mind and Spirit*. CRC Press, 2000.
- Liggett, Donald R. *Sport Hypnosis*. Champaign, IL. : Human Kinetics, 2000.
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Hypnotherapy – additional books

The following texts are not currently listed as units but may be made available on request. We hope to incorporate all of these as units in a later edition of this list. Some of these books are out of print so you will need to obtain a used copy.

Ambrose and Newbold – A Handbook of Medical Hypnosis
Bernheim. Hypnosis and Suggestion in Psychotherapy.
Barnett, Analytical Hypnotherapy.
Chips, Clinical Hypnotherapy: A Transpersonal Approach.
Citrenbaum/King/Cohen – Modern Clinical Hypnosis for Habit Control
Erickson and Rossi. Hypnotherapy- An Exploratory Casebook.
Goldberg, New Age Hypnosis.
Goldberg, Spirit Guide Contact through Hypnosis.
Gordon, Myers-Anderson. Phoenix – Therapeutic Patterns of Milton H Erickson.
Hall, Hypnosis – A Jungian Perspective.
Hambleton, Practising Safe Hypnosis.
Hammond, Handbook of Hypnotic Suggestions and Metaphors.
Hunter – Creative Scripts for Hypnotherapy
Kappas, Professional Hypnotism Manual.
McGill – Hypnotism and Mysticism of India
O’Hanlon and Hexum – An Uncommon Casebook
Perkins, How to Hypnotize Yourself
Rosen - My Voice Will Go With You
Silvester, Wordweaving.
Kerin Webb – The Language Pattern Bible
Terence Watts – Hypnosis: Advanced Techniques
Adam Eason – The Hypnotic Salesman

We regularly look out for new books and are planning units on them.

Suggestions for further textbooks are welcome! Please email info@unicalamus.org

ADDITION TO WEBSITE - COURSE UNIT DESCRIPTIONS

In 2007, we started to publish descriptions of each course unit on the Calamus website, to help degree students and occasional students choose from the options available. At time of writing more than 270 descriptions have appeared, across all fields, with more to appear over time. Precedence is being given to those units which have been approved for occasional study. This is an ongoing project with many more course unit descriptions to appear.

You can access the published descriptions by going to www.unicalamus.org/courses_index.htm and clicking on the subject you are interested in. Most hypnotherapy students will take some options from other fields such as counselling, psychology and complementary health studies, or some of the spiritual-related fields available. Browsing the descriptions on-line will give you a taste of what is available.

Please re-visit our website from time to time when new descriptions will be added.

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